

# Plasma Pen Treatments and Aftercare

*As with most skin rejuvenation treatments, you may experience some side-effects following a Plasma Pen treatment. However, the post-treatment downtime and recovery from a Plasma Pen device are far superior to other treatments with reduced downtime and faster recovery times.*

*Our Plasma Pen device, when used with our exclusive nano-probes, allow specialist Plasma Pen technicians to work very quickly and efficiently whilst also minimising the potential discomfort.*

---

## How to prepare for your Plasma Pen treatment?

To ensure the very best results, it's important to follow all advice from your Plasma Pen Technician prior to your treatment. We recommend that you;

- 1 Avoid sun-bathing, spray-tanning, tanning injections or sunbeds for at least 4 weeks before your treatment.
- 2 Use SPF50 daily for up to 4 weeks before the treatment to protect your skin.
- 3 Avoid any other type of treatment in the same area as you are having treated for up to 4 weeks before the treatment, including laser therapy, chemical peels, micro-needling, or fillers.
- 4 Avoid smoking and alcohol in the run-up to your treatment.

---

## How to care for your skin for the first 7 days

For the first 7 days following a Plasma Pen facial treatment, it is normal for your skin to feel quite tight and dry, or you may experience very slight and occasional weeping that will settle over time. Small Plasma carbon crusts will form on the treated area, and these will be visible for up to a week or so before naturally flaking off. To care for your skin following a Plasma Pen facial treatment, we recommend the following;

- ◇ Do not pick off the crusts as this will delay the healing process, and can cause scarring.
- ◇ Cleanse the area daily with lukewarm water, and a soft, lint-free cloth to remove excess oil. Follow this by patting skin dry with a clean tissue.
- ◇ Ensure the scabs and crusts are hydrated by applying Silver Colloidal Gel with Aloe Vera up to three times a day.
- ◇ Avoid applying lotions and creams that contain perfumes or alcohol to the areas of the skin that have been treated.
- ◇ Do not use exfoliating products on the treated area as this may result in scarring
- ◇ If you have had a Plasma Pen treatment around the eyes, avoid wearing contact lenses for 72 hours.

# Plasma Pen Treatments and Aftercare

## How to look after your skin for the first three months

After the first 7-days, you should find that the carbon crusts have naturally fallen off, however your skin may be a little pink as it is essentially fresh, new and rejuvenated skin. Once the Plasma carbon crusts have fallen off, you are now able to start applying your normal makeup, but avoid using all other skincare products that contain glycolic or exfoliating ingredients. We also recommend;

Once the Plasma carbon crusts have fallen off, you must now begin to apply SPF 50+ sunscreen every day whilst your skin is healing, and for at least 12 weeks.

Avoid saunas, and sunbeds for up to 12 weeks during the healing period.

Avoid all other medi-aesthetic or surgical treatments on the same area for at least 12 weeks whilst the skin is healing.

---

To find out more about the range of treatments made possible by the Plasma Pen; speak to Louise Walsh International. Our team of experts can help you find your local Plasma Pen technician and advise you on every step of the journey with a Plasma Pen treatment.

# Plasma Pen Upper and Lower Eyelid Treatment

*The innovative upper eyelid treatment by Plasma Pen is a revolutionary non-surgical skin tightening treatment that works to shrink and tighten loose skin; resulting in clearer, younger, smoother looking upper eyelid skin. Upper eyelid treatments utilise the power of science and chemistry to promote an arc of plasma gas that creates thermal induction and micro-trauma to the skin; causing the skin to shrink, lift and tighten for an overall youthful glow.*

*Drooping or hooded eyelids will be lifted for a more youthful appearance, eyesight will be less hindered and fine lines, crows feet or uneven skin texture will be smoothed. With a Plasma Pen Lower Eyelid Treatment, under-eye bags will become significantly tighter and less likely to fill with fluid to reduce puffiness. The treatment works to reduce and smooth crows feet, whilst the central face skin will also lift and brighten as a direct side effect of the Plasma Pen Lower Eyelid Treatment.*

---

## What is the Plasma Pen Upper and Lower Eyelid Treatment Process?

- 1 Your Plasma Pen technician will conduct a full, in-depth consultation to ensure you are suitable for the treatment and to discuss the desired outcome.
- 2 Your Plasma Pen technician will apply a numbing cream to the treatment areas.
- 3 After your Plasma Pen technician performs a light Plasma Spray to the skin surface, they will apply a secondary numbing product. This ensures that no pain is felt during the treatment.
- 4 Your Plasma Pen technician will use specific Plasma Pen techniques to tighten the skin with Plasma Gas, leaving tiny carbon crusts on the surface of the skin which seals the micro-trauma to prevent infection and allow the skin to heal.
- 5 Following treatment, your Plasma Pen technician will apply a soothing and healing balm to protect the skin.
- 6 Full aftercare advice will be provided to ensure optimal healing and optimal results.

---

## What results can you expect from a Plasma Pen Eyelid Treatment?

- ◇ Tighter, brighter and smoother skin
- ◇ A more youthful appearance
- ◇ Lifted upper eye-lid & reduction in hooded eyelids
- ◇ Reduction in skin lines

# Plasma Pen Upper and Lower Eyelid Treatment

## Who is the Plasma Pen Upper Eyelid Treatment for?

### 25-35 Years Old

To assist in maintaining youthful skin by stimulating collagen growth to prevent the signs of ageing

### 35-45 Years Old

To remove the early onset of slackened skin by rejuvenating and stimulating new collagen growth

### 45-55 Years Old

To help prevent upper eyelid drooping, to turn back time and to reverse the signs of ageing

### 55-65 Years Old

To remove excess skin on the upper eyelid, and alleviate any onset of drooping

### 65-75 Years Old

To strengthen the skin of the upper eyelids, reducing hooding and stimulating new collagen growth

### 75+ Years Old

To improve the overall appearance of the skin through skin tightening. This treatment works to reduce hooded eyes and darkening around the eyes

## Who is the Plasma Pen Lower Eyelid Treatment for?

### 25-35 Years Old

The lower eyelid treatment works to strengthen the skin, and prevent early-onset rhytids

### 45-55 Years Old

To turn back the hands of time! Reducing under-eye expression lines, lax skin and skin bagging

### 55-65 Years Old

To remove excess skin on the lower bleph area to prevent the skin from becoming loose, and filling with fluid and causing puffiness

### 65-75 Years Old

To continually strengthen the under-eye skin and to prevent sagging of the under-eye area

### 75+ Years Old

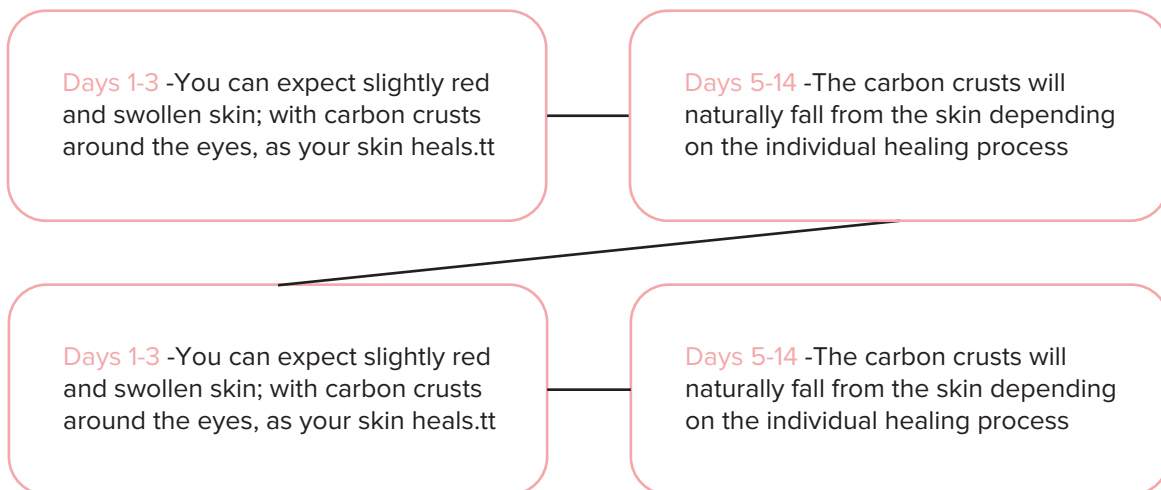
To improve the overall appearance of the skin, with skin tightening, reduction of under-eye bags and darkening around the eye

# Plasma Pen Upper and Lower Eyelid Treatment

*The downtime and recovery period for a Plasma Pen Eyelid Treatment is greatly reduced in comparison to invasive surgical treatments. Whilst surgery takes approximately 6 to 7 months to fully heal, and may leave you with scars; the Plasma Pen provides a soft-surgery like result, with faster recovery times.*

*With a Plasma Pen, you can indulge in treatments more regularly to ensure optimum results. Whereas with surgery, you are limited to the number of procedures you can have performed in one area.*

## What recovery time should you expect following a Plasma Pen Eyelid Treatment?



## How should you prepare for a Plasma Pen Upper and Lower Eyelid Treatment?

*Prior to a Plasma Pen treatment, you should prepare your skin with good active skin-care products. You should continue this process right until the last carbon crust has fallen from your skin.*

3 Months Prior	4 to 6 Weeks Prior	4 to 6 weeks prior
Avoid sunlight for 3 months prior to the treatment and during the healing stage	You must wear SPF50+ prior to treatment, and every single day after treatment, even if you do not go outside	Take 2,000mg of Vitamin C every day for 4 to 6 weeks prior to treatment and 12-weeks following treatment.

# Plasma Pen Upper and Lower Eyelid Treatment

## What other Plasma Pen treatments can you have on the eye area?

*We recommend a range of other Plasma Pen treatments for the eye area, to work in conjunction with our Plasma Pen Upper and Lower Eyelid Treatments. These include:*

1

### Forehead Plasma Lift

Forehead Plasma Lift to reduce heavily hooded eyes and excess skin drooping for an overall improvement in skin appearance, reduction in fine lines and wrinkles and to reduce the signs of ageing.

2

### Plasma Pen Dragon-Lift

Plasma Pen Dragon-Lift to draw the outer brow area up, which works to enhance a more curved and lifted brow that will work to reduce the outer hooding of the eyelid to improve the overall signs of ageing.

Speak to your local Plasma Pen specialist about the benefits of a Plasma Upper and Lower Eyelid Treatment.

Find a Plasma Pen technician near you by speaking to our team.

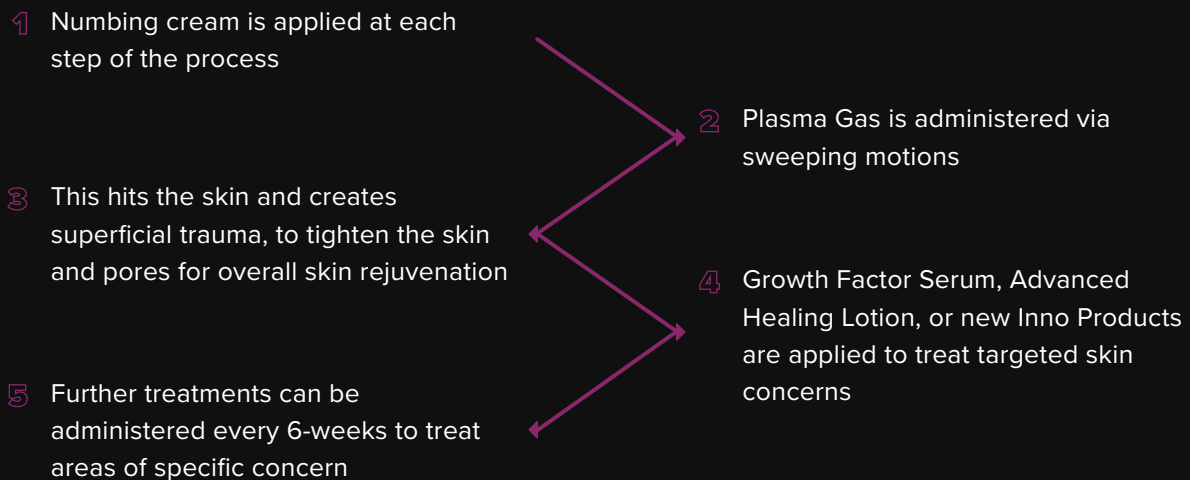
# Plasma Pen ‘Spray’ Facial Treatment

## *Everything you need to know.*

*The innovative Plasma ‘Spray’ Facial treatment is a remarkable scientific facial where an arc of atmospheric plasma gas is lightly sprayed over the surface of the skin. This stimulates the fibroblasts on a deep cellular basis to produce new collagen, whilst resurfacing the top layer of the epidermis. The production of new collagen results in younger looking and smoother skin.*

*The Plasma ‘Spray’ Facial treatment is a wonderful way to treat clients of all ages and is suitable for all kinds of skin conditions and imperfections, including; skin rejuvenation, sebum reduction, pore reduction, reducing active acne, improving the appearance of rosacea and reducing skin pigmentation.*

### What is the Plasma ‘Spray’ Facial treatment process?

- 1 Numbing cream is applied at each step of the process
  - 2 Plasma Gas is administered via sweeping motions
  - 3 This hits the skin and creates superficial trauma, to tighten the skin and pores for overall skin rejuvenation
  - 4 Growth Factor Serum, Advanced Healing Lotion, or new Inno Products are applied to treat targeted skin concerns
  - 5 Further treatments can be administered every 6-weeks to treat areas of specific concern
- 

### What results should you expect from your Plasma ‘Spray’ facial treatment?

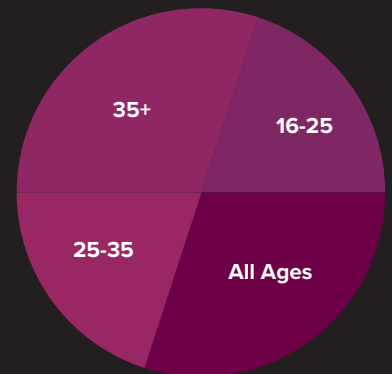
- ◇ Brighter, smoother and tighter skin
- ◇ Reduced skin oil levels
- ◇ More even skin tone
- ◇ Total freedom from spots
- ◇ Reduction in fine lines and wrinkles
- ◇ Brighter looking skin with a healthy ‘glow’

# Plasma Pen 'Spray' Facial Treatment

*Everything you need to know.*

## Who is the Plasma 'Spray' Facial treatment for?

- All Ages** - Great for all ages; as a great way to prep the skin in the summer months
- All Ages** - To rejuvenate the skin prior to a full plasma treatment
- All Ages** - For better hydrated and balanced skin
- 35+** - To promote brighter, smoother and more youthful skin
- 35+** - Remove dead skin cells for clearer, smoother looking skin
- 35+** - Treat fine lines and wrinkles
- 25-35** - Even out skin texture and imperfections
- 25-35** - Treat sun-damage and environmental pigmentation
- 16-25** - Treat open pores, blackheads, and reduce oil secretions
- 16-25** - Treat problematic skin, including acne, acne scarring and other skin imperfections



## How much recovery time should you expect?

### First 24 Hours

You may look swollen, feel hot and look like you have scratches on your skin

### First 7 Days

You will experience peeling of the older, top layers of skin

### First 7-10 Days

Wait a minimum of 7 to 10 days to see results

### Between 2-4 Weeks

You can expect to see the best results within weeks 2 to 4

- ◇ Recovery following a facelift takes on average 4 weeks.
- ◇ Following Microdermabrasion recovery time is approximately 10 days.
- ◇ Recovery after a chemical peel takes approximately 14 days.
- ◇ After Laser Skin Resurfacing recovery takes approximately 10 days.



# Plasma Pen 'Spray' Facial Treatment

*Everything you need to know.*

## How should you prepare for your Plasma 'Spray' Facial treatment?



Avoid UV exposure for 6-8 weeks before the treatment



Use a high SPF moisturiser daily for 4 weeks before the treatment



Take Vitamin C orally for 2 weeks before the treatment and during the healing process

## What to expect after your Plasma 'Spray' Facial treatment?

The skin will flake away and heal over the first 7-10 days

Avoid the sun for 6 weeks after treatment

For the first 12-hours, your face may feel slightly sunburnt

Apply SPF 50 daily once the skin has flaked away

Try not to pick at the flaking skin

## How long do Plasma 'Spray' Facial treatment results last?

- ◇ Results depend on each individual case, and what you want to achieve
- ◇ Results are ongoing following the treatment
- ◇ A course of 3-4 treatments is recommended 4-6 weeks apart
- ◇ Once the desired effect has been achieved results can last between 3 and 5 years

# Plasma Pen 'Spray' Facial Treatment

*Everything you need to know.*

## What other Plasma 'Spray' treatments are available?

1

This treatment can be done to rejuvenate any part of the body by working as a skincare peel for faster and more effective results.

2

The Plasma 'Spray' treatment can help to reduce the appearance of stretch marks by encouraging new collagen to repair the damage whilst resurfacing the texture. Backs of hands and tops of feet respond beautifully to this treatment to remove sun damage and irregular skin texture.

3

We recommend the Plasma Electroporation Fractional Facial 7-days post-treatment to treat the renewed skin with active ingredients and growth factors post all Plasma 'Spray' treatments, face or body.

Speak to your local Plasma Pen specialist about the benefits of a Plasma 'Spray' facial.

Find a Plasma Pen technician near you by speaking to our team.